



HAMPTON DENE PRIMARY SCHOOL

Church Road, Tupsley, Hereford, HR1 1RT

Email: admin@hamptondene.hereford.sch.uk

Website: www.hamptondeneschool.co.uk

Telephone: 01432 273232



WEST – Wellbeing & Emotional Support Teams – our new team members!

4th March 2026

Dear Parents and Carers,

I am writing to introduce you to our new WEST workers – see their pen portraits attached.

WEST workers are part of CAMHS (Child & Adolescent Mental Health Service) and work within schools to support children in ways that they can help themselves to be more resilient and emotionally literate.

Steph and Loretta have already started to set up an action plan with us as a school to help us to support our pupils and each other when it comes to mental health and wellbeing.

They will work across the school, but we are also able to refer individuals to them. They have asked that we start this process slowly so they can get to know our setting and how best to work with us all.

We have also set up an opportunity for you to meet with them in an informal setting in school. They would really like as many parents and carers to come along as possible so they can get your input on how best to work with your children.

Wednesday 22nd April 2026

2-3pm in school

- ***Meet our new WEST workers and other support from around the county***
- ***All are welcome – please come along for a coffee and chat***

One School Cherishing All

Headteacher: Mrs E Kearns BEd (Hons) Msc





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We have already started sending out opportunities for parents to do some online workshops in this area. Please look out for them and feel free to access. It would be good to get some feedback on how you find these sessions.

Kind regards,

Kerry McEnery

Deputy Headteacher & SENDCo

P.S. Please share the information from Steph and Loretta with your children so they will recognise them in school.

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